

Miscellaneous Pioneer Nostrums & Remedies:

Spruce Gum was used for:

Asefetida bags were hung around the neck for psychological improvement of the patient

Grandma Priscilla Collins used:

1. Sugar on onions baked in the oven on a tin plate & then used this as an onion poltice. on the chest

2. Few drops of Coal oil (kerosene) over teasp. of sugar for loosening croup. Coal oil must NOT be taken from lead barrel.

3. Boiled Onion plaster placed on chest for deep chest cold, pneumonia. Boiled onions were placed in sheet or flour sack.

4. Mustard plaster used in same way.

5. Onion Poltice on chest:

As late as 1917-18 during epidemic of influenza - an old man lost a daughter & his wife to influenza. He then had a dream:

To use onion sack on back, & chest. Then the patient was laid over edge of bed & head down to drain water & phlegm out of the lungs. We now call this "postural drainage".

6. "No physician or prescribed medicines were available, but the women who had gardens of Tansey, horehound, catnip, yarrow, cranesbill, grape root, rhubarb; were on hand with their home remedies to care for the sick - etc etc" - From "These Our Fathers," about Fairview, Utah p. 125

7. Use Bitter Bush to make a tea - this will clean the blood out. Used in Beaver Utah.

8. Della Collins Green made a tea out of sassafras bark each spring. I, RR Green had to drink it each spring to clean out blood.



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Miscellaneous Pioneer Notes & Reminiscences

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